ABSTRACT

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An optical recording medium is provided with: a first substrate having first pits on one face thereof; a first reflective layer that is formed on the face bearing the first pits of the first substrate in a manner so as to reflect lands and recesses of the first pits; a second substrate that is formed on the first reflective layer, with second pits being formed on a face on the side opposite to the first reflective layer; a second reflective layer that is formed on the face bearing the second pits of the second substrate in a manner so as to reflect lands and recesses of the second pits; and a cover layer formed on the second reflective In this structure, the first pit depth d₁ that is a difference between lands and recesses of the first reflective layer, the wavelength λ of signal-reproducing laser light and the refractive index n₁ of the second substrate satisfy the following relational expressions: $\lambda/(5n_1) \le d_1 \le \lambda/(3n_1)$ and $d_1 \ne \lambda/(4n_1)$. Moreover, the second pit depth d2, which is a difference between lands and recesses of the second reflective layer, the wavelength λ of signal-reproducing laser light and the refractive index n₂ of the cover layer satisfy the following relational expressions: $\lambda I(5n_2) \le d_2 \le \lambda I(3n_2)$ and $d_2 \ne \lambda I(4n_2)$.